



# HCHA 2008 Fall Warm-Ups



## Mite

Highland Central Hockey Association 2008 Fall warm-ups.

### Warm-up Features:

- 4 hours on-ice skating sessions led by HCHA Hockey Development staff. Instructors include: Bill Kohn, Troy Stevens, John Nikolou, Ronda Curtin, Jay Godbout and Winny Brodt.
- Power skating and edge techniques
- Passing and shooting drills.
- **Cost: \$30**

Schedule: 4 warm-up sessions: 2 @ SPA and 2 @ HL

	Mite Group1	Mite Group2	Mite Group3
Session 01: SAT Oct 11	3:30pm @SPA	4:45pm @SPA	6:00pm @SPA
Session 02: SUN Oct 12	8:00am @HL	9:10am @HL	10:20am @HL
Session 03: SAT Oct 18	3:30pm @SPA	4:45pm @SPA	6:00pm @SPA
Session 04: SUN Oct 19	8:00am @HL	9:10am @HL	10:20am @HL

Your Skater is assigned to: Group1                      Group2                      Group3                      (circle)

This clinic will be filled on a first come, first served basis. The clinic will be limited to no more than 30 skaters per group. Register now! Questions? Call 651-698-1194.

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**By September 25<sup>th</sup>, 2008** (detach here)

### Mail registration and Check to:

HCHA Fall Warm-ups  
% Jim Pearson  
1459 Hewitt Ave  
Saint Paul, MN 55104

Player Name: \_\_\_\_\_

Birth Date: MO \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_ Age \_\_\_\_\_

Address: \_\_\_\_\_

Amount: \$30

TEL: (eve) \_\_\_\_\_ (cell) \_\_\_\_\_

Check No. \_\_\_\_\_

email: \_\_\_\_\_

Your Skater is assigned to: Group1    Group2    Group3 (circle)